

We also have:-

www.hitchinphab.org.uk



- ◆ **Snooker Table**
- ◆ **Karaoke**
- ◆ **Arts and Crafts**
- ◆ **Shoelen - Shuffleboard**
- ◆ **Darts**
- ◆ **Giant Jenga**
- ◆ **Giant Connect 4**
- ◆ **Curling**
- ◆ **Play your Cards Right**

As we are part of National Phab, there are also regular opportunities to meet with other Phab clubs throughout the region and Country and enjoy their events.

Hitchin Phab club offers a wide range of activities including days in and out, but more importantly it offers a place where people of all abilities can meet and enjoy each others company.



We meet on Fridays
(fortnightly) at the
Westmill Community Centre
John Barker Place
Hitchin SG5 2PE
7 pm until 10 pm

For further details contact

Joy Cox — Club Leader

Or

Rex Cox — Chairman

01462 456752

rexa.cox@gmail.com

www.hitchinphab.org.uk

Please note that we are unfortunately unable to provide carers, but your carer will be made most welcome.



CHARITY No. 1075017

WELCOME TO HITCHIN PHAB CLUB



ACTIVITY SCHEDULES 2012

Phab's aim ...

to promote and encourage people of all abilities to come together on equal terms, to achieve complete inclusion within the wider community

Email: rexa.cox@hitchinphab.org.uk

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Phone 01462 456752 for more details

2012 Events

2012 Events

Special Events



**GAMES
EVENING**



**Quiz &
Art
Evening**



BINGO



**FILM
EVENING**



**TREASURE
HUNT**



**PLAY
YOUR
CARDS
RIGHT**



DISCO



**SPECIAL EVENTS BEING
ORGANIZED BY NATIONAL
PHAB IN 2012**

August 2012 – Mersea Island Festival

**February 2012 - Arts & Crafts Day at
Hounslow**

**Members & Carers inquiring about
any of the activities detailed above,
please contact
Joy or Rex on 01462 456752.**

**If there are any other activities you
would like us to consider
for our regular meetings,
also please let Joy or Rex know.**